# THE SPA AT ROSEN CENTRE GUIDE

#### SPA FACILITIES

All guests receiving spa treatments enjoy complimentary use of the fitness center, outdoor pool, steam room, locker room amenities and relaxation lounge on the day of their services. Guests not receiving a spa service may enjoy use of the facilities by purchasing a Spa Day Pass.

#### AGE REQUIREMENTS

Guests must be 18 years of age or older to use the spa and fitness center facilities and 12 years of age or older to use salon facilities unaccompanied. Younger guests must be accompanied by a parent. As a courtesy to other spa guests, children are not to be left unattended in any area of the spa facility.

# **APPOINTMENTS**

Our Spa Concierge will be pleased to offer suggestions on services and the best order of treatments that are right for you. We recommend appointments be made in advance to ensure availability. A valid credit card is required at time of reservation.

#### SPECIAL CONSIDERATIONS

Please notify us when making your reservation if you are pregnant, have high blood pressure, allergies, any physical ailments or disabilities requiring special assistance or if you are using Retin-A, Accutane or retinol/glycolic products as this may affect your choice of services. A brief questionnaire in our Personal Care Guide will also be completed upon spa checkin.

#### CHOICE OF MASSAGE THERAPIST

If you have a special request for a specific massage therapist or gender, please let us know when booking your reservation. We will make every effort to accommodate your requests based on availability.

# CANCELLATION POLICY

If you must reschedule or cancel your appointment, please notify us at least six hours in advance to avoid being charged the full treatment price. Cancellation of packages or private parties requires a five-day notice to avoid penalty.

#### ARRIVAL

To get the most of your spa visit, we encourage arrival 30 minutes prior to your scheduled appointment so that you may enjoy a leisurely check-in, prepare for your treatments, use the steam room and de-stress with a soothing cup of tea in our relaxation lounge. Should you arrive late, your service will be modified and end at the originally scheduled time so as not to delay the next scheduled guest. The full value of your treatment will be charged.

# PREPARING FOR YOUR TREATMENT

A warm shower or use of steam is an excellent way to relieve stress and prepare your body for relaxation. It is suggested that no coffee or alcohol be consumed prior to your treatment. Shaving is recommended for gentlemen at least two hours prior to a facial. Shaving is not recommended prior to body treatments or hair removal services.

## SPA ATTIRE

A spa robe and slippers will be provided upon arrival. Most body treatments are enjoyed without clothing and undergarments are not necessary, however please disrobe to the level of your comfort. To ensure your comfort and privacy during your service, the body is fully draped except for those areas being worked on. Loose fitting clothing such as shorts and tee shirt are ideal for treatments received clothed.

### TALK TO YOUR THERAPIST

Communication is the key to getting the most from your spa experience. Prior to your treatment's commencement, we encourage you to tell your therapist which areas you would like to focus on and any areas that should be avoided. Our skilled therapists are devoted to exceeding your expectations and ensuring your utmost relaxation. If at any time you experience any discomfort due to room temperature, massage pressure, music volume or any other condition or circumstance, please alert your therapist immediately.

## PREGNANT GUESTS

Our Spa Concierge will guide you to the best treatments for you. We recommend avoiding treatments using deep pressure and heat. Treatments specifically designed to safely relax mothers-to-be may be enjoyed after the first trimester. Please advise us of your due date when booking your appointment.

### **VALUABLES**

The Spa at Rosen Centre is not responsible for loss or damage to personal articles and valuables during your visit. Please do not bring valuables to the spa or store them in your spa locker. For your comfort, please remove all jewelry prior to your treatments.

#### CELL PHONES

To preserve our tranquil environment, we request all cell phones be turned off while visiting the spa.

### PRICES & SERVICE CHARGE

We accept all major credit cards. Payment may be made in advance or charged to your guest room at any Rosen Hotels & Resorts. Treatment prices do not include gratuities. For your convenience, a 20% service charge is added to each service received and may be altered at your discretion.

# FOOD & BEVERAGE

A variety of infused waters, teas, fruits and snacks will be provided in our relaxation lounges for your enjoyment. Wine, champagne and special hors d'oeuvres and dessert presentations may be ordered in advance. Alcoholic beverages should only be enjoyed after your spa services.

### GIFT CERTIFICATES

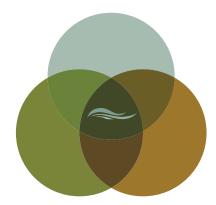
Our Spa Gift Certificates are an ideal way to honor any occasion and can be redeemed for services, packages and retail products.

### SPA AT HOME

Take the spa experience home with you with unique gift items and our collection of products used during your treatments.

# SPA PARTIES

We offer an ideal environment for your corporate or client outing, birthday, anniversary, bachelorette, bridal shower, girlfriend getaways and baby shower gatherings. Let our Spa Concierge assist you with all the details.



MENU OF SERVICES



9840 International Drive | Orlando, FL 32819 (407) 996-1248 | Hotel Guests Dial \*65 www.TheSpaAtRosenCentre.com

Beyond Bliss Manicure 60 min \$55	
MASSAGE THERAPIES  Beyond Bliss Pedicure  80 min \$75	
Signature Aromatherapy 50/80 min \$125 / \$175 The Spa Manicure 50 min \$45	
Swedish 50/80 min \$110 / \$160 The Spa Pedicure 50 min \$65	
Therapeutic 50/80 min \$120 / \$170 Beyond Bliss Manicure & Pedicure* 130 min \$120	
Deep Tissue 50/80 min \$130 / \$180 The Spa Manicure & Pedicure* 100 min \$100	
Blissful Stone 50/80 min \$135 / \$185 Pick-Me-Up Manicure & Pedicure* 50 min \$70	
Traditional Ashiatsu 80 min \$185 Gentlemen's Manicure 30 min \$25	
Asian Fusion Barefoot 80 min \$195 Gentlemen's Pedicure 45 min \$50	
Mommy-to-Be 50 min \$115 Glamour Girl Mani/Pedi (Ages 6-11) 40 min \$40	
Reflexology 50 min \$115 Spa Polish Change 15 min \$15	
Pick-Me-Up 25 min \$65 Organic Gel Nails 50 min \$55	
Couple's Suite Escape 50/80 min Price based Organic Pink & White Nails 50 min \$65	
on services. Shellac Manicure 45 min \$40	
In-Suite Massage Add \$40	
ENHANCEMENTS  French Polish \$10	
BODY TREATMENTS  Signature Herbal Fusion Body Boost 80 min \$195  French Polish  \$10  \$20	
Lavish Milk & Honey Firming Ritual 80 min \$195 Callus Treatment \$20 Radiant Glow 50 min \$125 Warm Stone Massage \$20	
Exotic Relaxation 50 min \$130  Cardan or A Rady Buff 50 min \$130  HAIR STYLING	
Gerillemen's Doay Bull 50 milh \$130 Women's Haircut Shampoo & Style Starting	at \$55
Sublime Skin Rescue 30 min \$110	at \$35
	at \$25
	at \$20
-	at \$50
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Gentlemen's Exfoliation 50 min \$120 Bangs Trim \$10	
Thormal / Flat Iron (Savine Enhancement) Starting	at \$15
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Desertis Desfective Technology   1   5   4   400   MAKEUP	
/vineral /viakeup Consultation	
Reflexology Foot Massage 25 min \$65 - Trial Makeup & Lesson 50 min \$65	
Mineral Makeup Application 25 min \$45	
WAXING Lips, Chin or Sideburns  Event Mineral Makeup Application 50 min \$85	
400	
## PACKAGES  Underarms	
Lower Arms \$30 Serene Retreat* 2.5 hours \$185	
EITNECC O DAY DACC	
Fitness Center Membership \$15	
Full Legs \$75 Hotel Guest Spa Day Pass \$15	
Full Face \$50 Non-Quest Sna Day Pass \$30	
Men's Chest or Back \$65	
Bikini \$40 *Packages may not be combined with other spa discounts or promotions.	